

Hospital Packing Checklist

Baby Book	
Back Massager and Oils or Lotions	
Bathrobe	
Birth Plan	
Booties for Baby	
Bottled Juice	
Camera and Extra Batteries	
Cell Phone and Charger if Allowed	
Change for Vending Machines	
Chapstick	
Comb/Brush/Hair Products	
Comfortable 6 Month Maternity Clothes for Trip Home	
Comfortable Lounging Outfit	
Contacts or Glasses	
Deodorant	
Extra Clothes for Dad	
Extra Pillows	
Gown to Wear During Birth to Throw Away Later	
Hair Bands to Pull Back Hair	
Birthing Ball if the Hospital does not Have One	
Hair Dryer	
Health Insurance Card	
Hospital Pre-Registration Forms	
If Cold, Car Seat Bunting	
Makeup	
Money for Cafeteria Food	
Mouthwash	
Music CD's and Player	
Notebook and Paper	
Nursing Bra Pads	
Nursing Bras	
Object to Focus on During Labor	
Pediatrician's Phone Number	
Phone List and Pre-Paid Calling Card	
Pillows	
Prescription Medication	
Receiving Blanket for Trip Home	
Several Pairs Loose Fitting Underwear	
Shampoo and Conditioner	
Slippers	
Snacks for Dad for Long Labors	
Snacks for You for After Delivery	
Special Clothes for Baby Hospital Picture	
Special Clothes for Baby Trip Home	
Special Soap	
Toothbrush and Toothpaste	
Two Pairs Loose Fitting Pajamas that Open in Front for Nursing	
Video Camera, Charger and Tapes	